

September 2019

Now & Then



Newsletter of Delegate Area 74
Northern Wisconsin & Upper Peninsula of Michigan

Volume 60

www.area74.org

Number 3

Co-Editors: Jeff C. and Michelle Z. (elect) Email: area74newsletter@gmail.com

Delegate's Corner

Greetings Area 74:

Wishing you all a happy ending to your summer. It is amazing to me that Labor Day is knocking at the door. I am thankful for some needed quiet time that I have been able to have over the past month. My A.A. calendar is now starting to pick up again for September and I am excited!

Area 74 has been receiving requests from the professional community for an updated meeting list for District 11. I had asked several months back if anyone in District 11 would be willing to step up and help us update your meeting list. It never occurred to me that maybe members don't know their district. Therefore, I am requesting anyone from Park Falls, Phillips, Rib Lake, Fifield, Prentice, Winter, Catawba or Peeksville which are all located in Wisconsin to please contact me to get this process started. I am willing to help in any way possible as the list currently available was last revised on 07/25/2012. Area 74 has also been receiving requests from a male inmate in the Gogebic County Jail in Bessemer, Michigan asking for Alcoholics Anonymous meetings to be brought in by members. If anyone from District 15 which is where the Gogebic County Jail is located could help carry the message behind the walls, I am again asking you to contact me.

The 2019 General Service Conference recommended that "the pamphlet 'A.A. for the Older Alcoholic – Never Too Late' be updated with a revised introduction; current and inclusive stories; reference to online A.A.; and an updated 'How Do I Find A.A.?' section." The trustees' Cooperation with the Professional Community/Treatment and Accessibilities Committee is seeking stories from a broad cross section of older A.A. members to make the pamphlet more representative of the Fellowship. Typed manuscripts should be 500-800 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address and email/phone information; The anonymity of all authors will be observed, whether or not their story is selected for publication. Please email your sharing to: access@aa.org and put "A.A. for the Older Alcoholic" in the subject line of the message. Or, you may mail it to Access Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163. The deadline for submissions is December 15, 2019.

The Public Information assignment at the General Service Office issued a press release welcoming our two newly appointed Class A (non-alcoholic) Trustees to the General Service Board. Sister Judith Ann Karam, congregational leader of the Sisters of Charity of St. Augustine, of Cleveland, Ohio, and Dr. Al J. Mooney, a pioneer in the field of addiction medicine, of Cary, North Carolina, have been selected as Class A (non-alcoholic) Trustees of the General Service Board of Alcoholics Anonymous. This very interesting press release can be viewed on aa.org through the Press/Media page.

I am looking forward to the upcoming Area 74 Fall Conference which will be held on September 20-22, 2019, in Waupaca, WI. Thank you to District 4 and the entire Conference Planning Committee for all your time and hard work preparing for our upcoming Conference. During this upcoming Conference, we will be holding our Area 74 Election Assembly at which time elections will be held for our next two-year rotation of "trusted servants". You are invited and strongly encouraged to join us at this exciting service meeting as we elect the next rotation of Panel 70 Area Officers and Standing Committee Chairs. Our East Central Regional Trustee, Mark E., will be attending our Area 74 Fall Conference in order to oversee our Election Assembly. Mark will be presenting a Trustee's Report and time for questions and answers on Friday night. I hope you will be present to hear Mark's Trustee's Report. Looking forward to seeing you all in September.

In Love & Service,

Sara Plansky-Pecor

Panel 68, Area 74 Delegate Northern Wisconsin/Upper Peninsula of Michigan delegate@area74.org 715.938.7752

From the Area Chair

Greetings Area 74,

I hope this finds everyone well and sober. I am writing this the day after our Districts annual picnic. It was a good time and was an example of unity alive and well in our District. It got me to thinking about the absolute necessity for unity in our fellowship. It seems that when it comes to unity in our fellowship, the one area in which we struggle with it, is in our service work. I have seen division and derision at the Group, District, and Area levels, in our service work over the years and cannot help but think it is often caused in part by a failure to remember our Primary Purpose which is to help the alcoholic still suffering. So often we come to blows over things that in actuality have little or nothing to do with fulfilling our Primary Purpose. So often I have seen arguments and bad feelings occur over matters of procedure and minutiae. It seems sometimes we let our egos get in the way of what we are trying to accomplish. I know from my own experience that when I am not actively practicing the 12 steps and am not right with God, I become a sower of confusion and not a bringer of harmony. The 12 steps of Alcoholics Anonymous when practiced, produce patience, tolerance and love for my fellow AA's, so it would seem to me that I should be bringing the 12 steps into play in all my affairs, and service work would be no exception. I have seen time and time again that when we are not unified in what we are doing, nothing gets accomplished and resentment and division run rampant. So please remember to bring God, the 12 steps to all you do in service, and always remember the real reason we serve is to help the still suffering alcoholic.

I am excited about the upcoming Fall Conference which is being held in my home District, and look forward to the election Assembly. I hope to see a huge turnout and see you all there.

God Bless you all,

Jeff D. alternate Delegate/Area Chair.

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PLEASE SEND ITEMS, ARTICLES, DISTRICT NEWS, STANDING COMMITTEE ARTICLES, GROUP OPINIONS AND OTHER ITEMS FOR INCLUSION IN THE UPCOMING ISSUES OF YOUR AREA 74 NEWSLETTER

| 2019 Dates to Remember | | | |
|---|-----------------------------------|---------------------------------------|-----------------|
| Area 74 –Upper Peninsula of Michigan and Northern Wisconsin | | | |
| 9/5-8/2019 | National AA Archives Workshop | Hotel St. Regis 3071 W. Grand Blvd | Detroit, MI |
| 9/20-22/2019 | Area 74 Fall Conference* | Ramada 110 Grand Seasons Dr | Waupaca, WI |
| 9/21/19 Sat | Area 74 Election Assembly* | Ramada 110 Grand Seasons Dr | Waupaca, WI |
| 9/22/19 Sun | Area 74 Area Committee* | Ramada 110 Grand Seasons Dr | Waupaca, WI |
| 10/18-20/2019 | East Central Regional Conference* | Crowne Plaza Milwaukee Airport | Milwaukee, WI |
| 10/26/19 Sat | Area 74 Fall Assembly* | Reiter Center 1858 S. Michigan St | Three Lakes, WI |
| 12/14/19 Sat | Area 74 Area Committee* | Reiter Center 1858 S. Michigan St | Three Lakes, WI |
| 7/2-5/2020 | International Convention of AA | COBO Center (Downtown) | Detroit, MI |

^{**}NOTE FROM THE DELEGATE: The servants of Area 74 are excited to provide the dates for the Area 74 Service Structure. We are lucky to live in an area that hosts many conferences, workshops and fellowship events. As your trusted servants, we sometimes miss the chance to participate in local events because they conflict with the service events you have entrusted us to conduct. We hope that, by providing the Area 74 service structure dates in early fall; they can be considered as you plan your service and fellowship events for the coming year. We look forward to seeing you.

NOTE FROM CO-EDITORS: We have combined the general events and the Area 74 Service Structure events into one calendar. **BOLD = AREA 74 events** UNBOLD = General AA events in our area

The Area 74 Treasury has a new contribution mailing address effective immediately.

Send Area 74 Contributions To: Area 74 Treasury

P.O. BOX 1191 Appleton, WI 54912-1191

Very Important!! Please include group number, group name, and address of group location or point of contact

If there is only a group name and location, or contact address, please include this.

Thank You, Area 74 Treasurer treasurer@area74.org

******NEW MAILING ADDRESS FOR NOW & THEN*****

NOW & THEN
P.O. BOX 192
STURGEON BAY, WI 54235

| DISTRICT MEETING LIST SEPT 2019 | | | | |
|---|---|---|---|--|
| DISTRICT | DAY | DATE | TIME | LOCATION |
| 1 | Thursday | 12th | 6:30 PM | Central Office, 1720 Main St. #102 Green Bay, WI |
| 2 | Sunday | 8th | 1:00 PM | First United Methodist 2300 W Wisconsin Ave., Kaukauna, WI |
| 3 | Thursday | 19th | 5:30 PM | Alano Club 1210 E Grand Ave. Wisconsin Rapids, WI |
| 4 | Thursday | 5th | 7:00 PM | Peace Lutheran Church 293 S Main St. Amherst, WI |
| 5 | Weds | 11th | 6:45 PM | Menomonie Leisure Center, 1412 6th St E, Menominee, WI |
| 6 | | | | NO INFORMATION AVAILABLE |
| 7 | Sunday | 15th | 4:00 PM | DCMs Home 812 S Vine Ave. Marshfield, WI |
| 8 | Tuesday | 3rd | 7:00 PM | Mount View Care Center, 2400 Marshall St.,, Wausau, WI |
| 9 | Sunday | 8th | 2:00 PM | First American Lutheran Church 511 Madison St Oconto, WI |
| 10 | Saturday | 14th | 9:00 AM | United Methodist Church Arbutus St Rhinelander, WI |
| 11 | | | | NO INFORMATION AVAILABLE |
| 12 | Saturday | 14th | 12:30 PM | Alano Club 10339 South Florida Avenue Hayward, WI |
| 13 | Monday | 9th | 5:30 PM | Chequamegan Bay Serenity Club 310 Stuntz Ave., Ashland, WI |
| 14 | Sunday | 8th | 5:30 PM | New Richmond Alano Club 1448 N 4th Street, New Richmond, WI |
| 15 | | | | NO INFORMATION AVAILABLE |
| 16 | | | | NO INFORMATION AVAILABLE |
| 17 | Monday | 30th | 6:00 PM | 105 W. Fleishiem Iron Mountain, MI |
| 18 | Saturday | 7th | 10:00 AM | Party's Unlimited 106 N Main St Ishpeming, MI |
| 19 | | | | NO INFORMATION AVAILABLE |
| 20 | Saturday | 28th | 11:00 AM | United Methodist Church 1212 Morrison St Germfask, MI |
| 21 | Sunday | 7th | 7:00 PM | Holy Trinity Church Hwy 41 Chassell, MI |
| 22 | Monday | 9th | 6:00 PM | Hope Church 12th Ave & Michigan St, Sturgeon Bay, WI |
| 23 | Weds | 4th | 6:30 PM | Lakeview United Methodist Church 23980 Co. Rd. "X", Hertel, WI |
| | | | | NO INFORMATION AVAILABLE |
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| 24 | Thursday | 10th | DIS 6:30 PM | |
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Area 74 Election Assembly

September 21, 2019 Ramada Inn – Waupaca, WI

9:00AM Open meeting

Announcements

Roll Call

Approval of Assembly Minutes from May 16, 2019

Elections Assembly Housekeeping - Delegate

Who is eligible to vote - Area Guidelines; Article 1, Section 2 Voting procedures – Area Guidelines; Article VI, sections 1-5 Third Legacy Procedure

Area Officers - Third Legacy Procedure

Delegate, Area Chair/alt Delegate, Treasurer, Secretary, Registrar

Committee Chairs - Simple Majority or Plurality

Archives Committee Correctional Institutions CPC

Literature

Public Information

Treatment Facilities

Grapevine

Members to the Finance Committee

Members to the Structures and Guidelines committee

3:00 p.m. - Close meeting

Area 74 Area Committee Meeting Agenda Sunday, September 22, 2019

| | Ramada Inn, Waupaca, WI | |
|---|-------------------------|--|
| | | |
| he Area Chair will onen the meeting 8·0 | Ο ΔΜ | |

The Area Chair will open the meeting 8:00 AIVI.

Approve Minutes from May 22, 2019

Delegates Report

DCM Reports

Unfinished Business:

New Business:

Discuss 2020 dates to remember.

Approve October 26, 2019 Assembly Agenda

Discuss possible agenda items for Area Committee Meeting December 14, 2019, Three Lakes, WI

10:00 AM Close Meeting

MOTION FROM AREA 74 GRAPEVINE COMMITTEE

Motion: The Grapevine Committee recommends that the Area 74 Assembly discuss and approve an agenda item request for the 70th General Service Conference (GSC):

Alcoholics Anonymous Grapevine, Inc (AAGV) develop a digital service material piece in looped audio/visual format and make available for use and download by groups, GVrs, district & area Grapevine Committees and workshop presenters. This service material could be used in displays via tablet, smartphone or laptop to assist trusted servants in carrying the message of AA GV and therefore reach more alcoholics who still suffer. The looped presentation might include all things Grapevine: history, ways to subscribe, how to submit personal stories, etc.

Background

District 21 GVr reached out to Area 74 GV Chair regarding the availability of service material that would assist group, district and area grapevine reps in carrying the message of the AA Grapevine at their respective displays. She was looking for something digital that could loop on a laptop, tablet, etc. and help do the talking if someone was not immediately present at the display. And besides, many people receive information in this format, so it might be a more appropriate form of communication for today and tomorrow.

Area 74 GV Chair reached out to the Outreach Coordinator in NY:

"I've been asked by a GVr if GV has a loop promo (for lack of a better term) video in CD or digital format that could be run on a laptop at a GV display. Her thinking is she'd like to have something that runs at a display table because that is how some people are better able to pick up information about GV and it could be displayed while someone may not actually be present (i.e. at a conference or workshop). Do you have something like this? We discussed if perhaps there wasn't, we might submit as a GSC agenda item in the future to request that be developed. Do you get requests for something like that?"

From the Outreach Coordinator in NY:

"We will be presenting a few "explainer videos" via youtube in the coming months, so as we say, more will be revealed! "

Based on this feedback, the GV Chair formed a committee consisting of Lil R., Steven S. Rachel Mc. and Sara P. The Committee met via conference call on June 28 and July 11. The committee agreed that Youtube explainer videos would not necessarily satisfy the need expressed. More and more people receive and process information though digital channels and a "screen". GV displays may not always be in a place with WiFi access; the committee felt strongly that a downloadable and portable format of a looped service piece would help to spread the message of the AA Grapevine and therefore reach more alcoholics who still suffer. The committee discussed and agreed with moving forward with an agenda item request for the 70th General Service Conference.

Respectfully submitted, Area 74 Grapevine Committee

Proposal from Now & Then Ad Hoc Committee

Newsletter Content

The Now & Then Ad Hoc committee proposes that the following parameters be followed by the Area 74 Newsletter Co-Editor(s) when determining what content should be included in each issue.

Items that should always be published

- 1. Letters or articles from Area Committee members
- 2. Proposed budgets to be voted on by the Assembly
- 3. Agendas for Area 74 Assemblies and Area Committee meetings
- 4. Fliers for Area 74 Conferences
- 5. Announcements from GSO/GSB to Groups
- 6. Address for contributions to Area 74
- 7. Reports from Ad Hoc Committees
- 8. District meeting lists
- 9. Calendar of Events for Area 74
- 10. Announcements about vacancies for Area 74 positions
- 11. Motions proposed from Area 74 Standing Committees
- 12. Financial reports from Area Committee members and any entity utilizing Area 74 Group Contributions
- 13. Articles from Groups
- 14. Roster of Area 74 Officers and Standing Committee Chairs (start of rotation)

Items that should be left to newsletter editorial discretion

- 1. Articles from Area 74 members
- 2. SpotLight on Districts
- 3. Table of Contents
- 4. Submissions by or from Editorial staff
- 5. Events Calendar or fliers for other events in or around Area 74
- 6. Box 459 Announcements

The Now & Then ad hoc committee discussed the above items thoroughly and has come forward with these proposed items for inclusion into the monthly issues of the Area 74 newsletter. There were many other items proposed by committee members and all were considered and discussed. These parameters can always be amended but these are what the committee concluded should be used by the editors to produce the monthly issues for distribution.

This proposal is not meant to be a rigid guideline that will take Assembly approval to change but as a general guide for the current and future editors to follow. Hopefully, Area 74 will continue to utilize the monthly newsletter and further develop it as a useful tool for communication between the Area Committee and the

groups & members of AA in Northern WI/ Upper Peninsula MI

AREA 74 NEWSLETTER ENROLLMENT

Stay connected to area news, information and more!

ELECTRONIC SUBSCRIPTIONS: (NO COST)

All groups and AA members are eligible to receive the electronic newsletter at no cost. If you would like to receive an electronic subscription, please send a request via email with your contact information to Area74newsletter@gmail.com. Please Note: Every group and Area Committee Position within Area 74 receives the newsletter via email at no cost. No need for GSRs to subscribe unless an email address was not registered with GSO or the Area 74 Registrar.

HARD COPY SUBSCRIPTIONS: (\$25.00 FOR 12 ISSUES)**

Individual AA members and groups may purchase an abridged hardcopy subscription of the Area 74 newsletter. If you or your group would like to purchase an annual hard copy subscription of the newsletter please complete and mail the below enrollment form along with a check made out to "Now & Then".

HARD COPY SUBSCRIPTIONS FOR GROUPS WITH NO MEANS OF RECEIVING AN ELECTRONIC COPY: (NO COST)

If a group has NO ability to receive a copy of the newsletter electronically, Area 74 will provide an abridged hardcopy for the group at no extra cost. If you are the contact for an AA group registered with GSO and your group has no means of receiving an electronic copy, please complete and mail the enrollment form below. Be sure to include your group name and number and the address that you want your group's copy of the newsletter to be sent.

Area 74 Now and Then Printed Hardcopy Enrollment Form

Please select an option below and send the completed enrollment form and a check made payable to "Now & Then" to the following address:

> **NOW & THEN** P.O. Box 192 **STURGEON BAY, WI 54235**

| | Individual Annual Subscription – Printed Hardcopy \$25 (12 copies a year)** Group Annual Subscription – Printed Hardcopy \$25 (12 copies a year)** Groups with no means to receive an electronic copy (No cost) | | | | |
|---------------------|---|--------|-------------|--|--|
| Dat | e: Group number: | | Group name: | | |
| Group contact name: | | | | | |
| pho | one: | email: | | | |
| Shi | Shipping address: | | | | |

^{**}The Area 74 Assembly will set the price for a yearly subscription by proposing a price for the following calendar year in the newsletter's budget request voted on at the Fall Assembly each year.

The 2020 International Convention of Alcoholics Anonymous



(https://www.aa.org/pages/en_US/international-convention-2020)

The 2020 International Convention of Alcoholics Anonymous will be held July 2–5, 2020 in Detroit, Michigan with the theme "Love and Tolerance is our Code." A.A. members and guests from around the world will celebrate A.A.'s 85th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Ford Field Stadium. Other meetings, scheduled or informal, will take place throughout the weekend in the COBO Center in downtown Detroit.

We know many are excited about the International Convention and eager for detailed information. As the time gets closer, additional information about the Convention and Detroit, our host city, will be provided.

This website will be updated as more information becomes available. Also watch for articles in our quarterly news bulletin, Box 4-5-9, which is mailed to the general service representative of every group in the U.S. and Canada listed with G.S.O. and is also posted on the website. Registration forms will be mailed in August 2019 to all G.S.R.s, central offices, intergroups and international G.S.O.s. Online registration will be available September 9, 2019, on aa.org. Advanced registration for the convention between September 9, 2019 and April 14, 2020 will be \$115.00 (USD) per attendee. Registration after April 15, 2020 will be \$140.00 (USD) per attendee. For further information please see the Frequently Asked Questions (FAQs) on this same page.

We look forward to seeing you in Detroit!

AA Grapevine Non-trustee Director Opening

AA Grapevine's Corporate Board has started its search to fill the vacancy for one non-trustee director, which will open following the 2020 General Service Conference.

Interested A.A. members are encouraged to submit a resume.

resumes@aagrapevine.org

Submit Your Story for Upcoming Issues

- My Spiritual Awakening (due July 20)

- Getting Through Tough Times in Sobriety (due August 20)

- Emotional Sobriety - How is your life better today? (due September 15)

www.aagrapevine.org/contribute

Save the Date Sept 7, 2019

District 22 Intergroup

(Beautiful Door and Kewaunee County)



141 South 12th Avenue Sturgeon Bay, WI

Saturday Sept. 7th

10:00 to 3:00

10:00 – 10:30 Registration and Fellowship

10:30 - 11:30 Panel Step 3 - "How do I turn things over?"

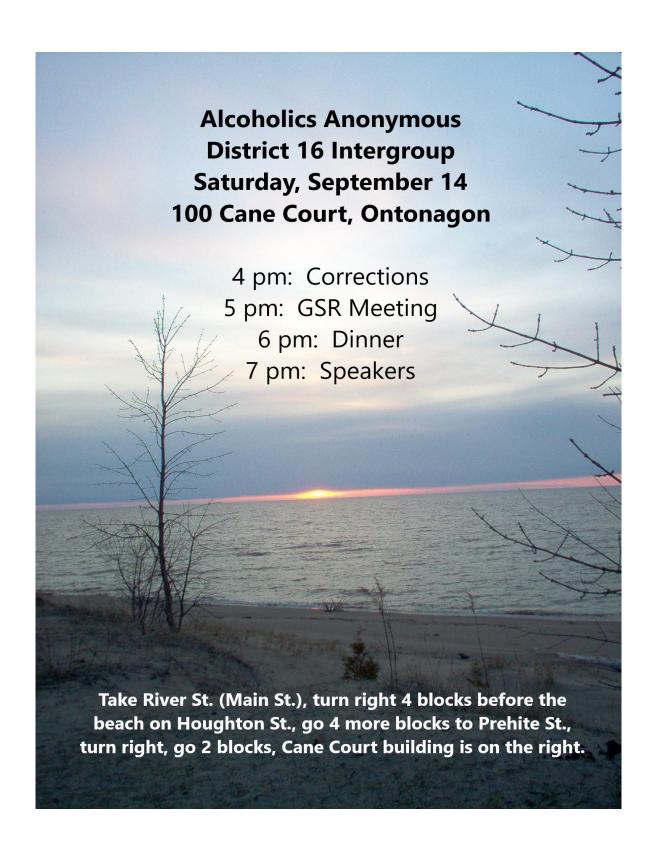
11:30 – 12:45 Lunch and Fellowship

12:45 - 1:45 Panel Step 6&7 "How Do I Drop The Rock?"

2:00 - 3:00 Speaker - Bev. M. Appleton

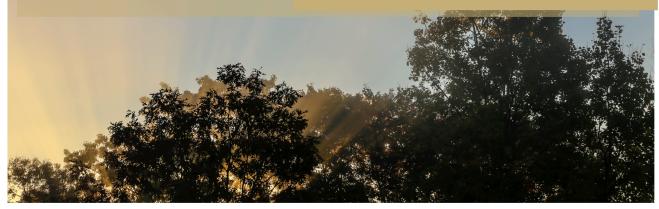
FOOD FELLOWSHIP FUN

"FREQUENT CONTACT WITH NEWCOMERS AND WITH EACH OTHER IS THE BRIGHT SPOT OF OUR LIVES." BB PG 89



"OUR DAILY REPRIEVE"

AREA 74 2019 Fall Conference



SEPTEMBER 20-22, 2019 – RAMADA INN, WAUPACA, WI

Friday Night Opening Speaker

Jim G. (Minnesota)

Saturday Afternoon Al-Anon Speakers

Alateen Speakers Rachel, Julianne, and Sarah

Saturday Night Speaker

Josh S. (California)

Sunday Morning Speaker

Carl H. (Milwaukee, WI)



| Register Register Register – C | NE FORM PER PERSON PLEAS | SE |
|--|--|--------------|
| Deadline to register with ba | nquet attendance is August, 31 2019 |) |
| Name | Registration only - | \$18 |
| Name on badge | | \$22 |
| Address | | |
| City State Zip | $\underline{\hspace{1cm}}$ 7 ^h Tradition donation | |
| Phone | TOTAL ENCLOSED | |
| Email | Check one: | |
| Contact me about service opportunities □ | AA: □ Al-Anon: □ | □ Alateen: □ |
| ASL Interpreter Required? | | |

Make checks payable and mail to AREA 74 FALL CONFERENCE 2019 – PO BOX 606, Stevens Point, WI 54481 For more information call: 715-498-4138 or email: registerinfo@aawidistrict04.org

AREA LODGING

WAUPACA

Ramada by Wyndham 110 Grand Seasons Dr Waupaca, WI 54981 715-258-9212

*Room rates are locked in at \$105/night up until Aug. 20th for Queen Double rooms

Econolodge Waupaca 1060 W Fulton St Waupaca, WI 54981 715-258-8526

Comfort Suites Foxfire 199 Foxfire Dr Waupaca, WI 54981 520-257-3072

Apple Tree Lane Bed & Breakfast E3192 Apple Tree Ln Waupaca, WI 54981 715-258-3107

Crystal River Inn E1369 Rural Rd Waupaca, WI 54981 715-258-5333

STEVENS POINT (NW 30 MI)

Comfort Suites 300 Division St Stevens Point, WI 54481 715-341-6000

Days Inn & Suites by Wyndham 159 North Division St Stevens Point, WI 54481 715-341-9090

Country Inn & Suites 301 Division St North Stevens Point, WI 54481 715-345-7000

Knights Inn Stevens Point 3421 Church St Stevens Point, WI 54881 715-344-3434

La Quinta Inn & Suites 4917 Main St Stevens Point, WI 54481 715-344-1900

Econo Lodge Inn & Suites 5110 Main St Stevens Point, WI 54481 715-341-5110

Holiday Express & Suites 1100 Amber Ave Stevens Point, WI 54481 715-344-0000

PLOVER (NW 25 MD)

Comfort Inn 1560 American Dr Plover, WI 54467 715-342-0400

Americinn by Wyndham 1501 American Dr Plover, WI 54467 715-342-1244

Hampton Inn 3090 Village Park Dr Plover, WI 54467 715-295-9900

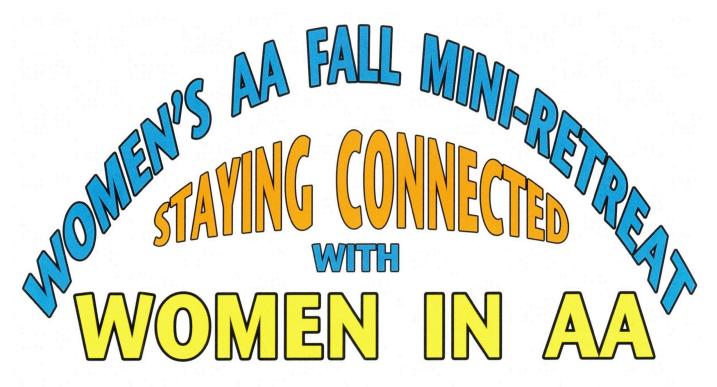
Elizabeth Inn 5246 Harding Ave Plover, WI 54467 715-341-4414

Best Western Plover Hotel & Conference Center 5253 Harding Ave Plover, WI 54467 715-544-6200

FREMONT (SE 16 MI)

Hotel Fremont 218 Wolf River Dr Fremont WI 54940 920-446-2402

Wolf River Lodge 8839 S Wolf River Rd Fremont, WI 54940 920-446-2525



SATURDAY OCTOBER 5, 2019 10 am - 4 pm

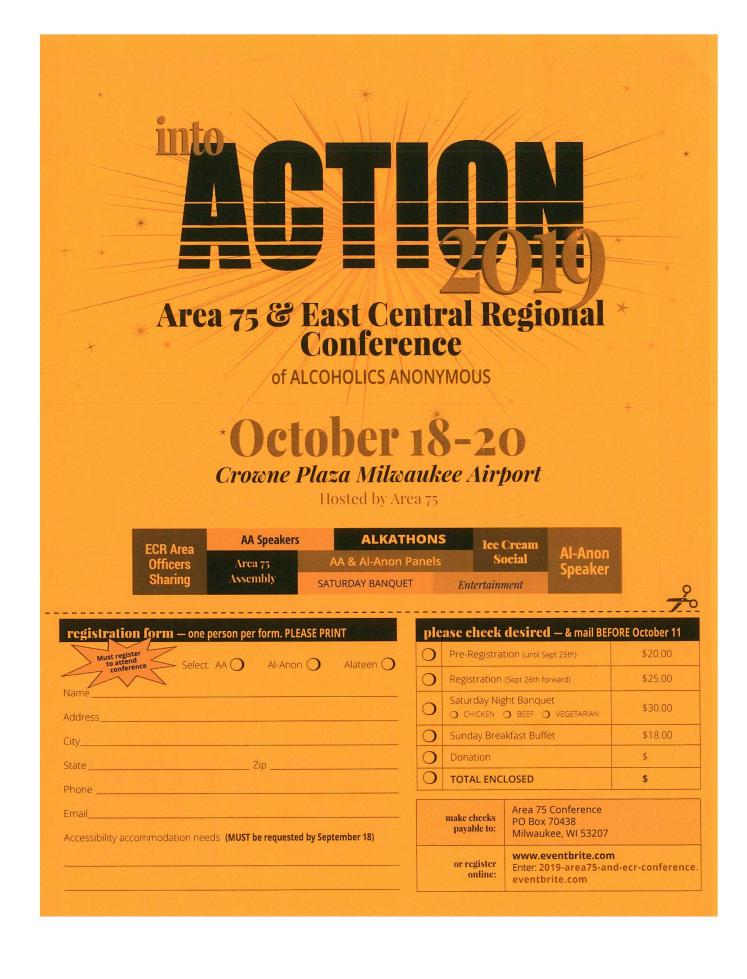
Check in / Registration 9:30 am

RICHMOND TOWNSHIP HALL 510 NICHOLAS AYE, PALMAR, MI. 49871

\$10 Registration fee includes lunch

Mail in your Registration info. to GERRI ANN KANGAS 141 N. BIRCH GWINN, MI. 49841

For more information contact gsrdistrict18@gmail.com
Gerri Ann 906-346-2470 Kathryn 231-878-3807



room rates

Single/Double Room

\$103.00 + tax for conference attendees

Crowne Plaza Milwaukee Airport

6401 South 13th St. • Milwaukee, WI 53221 call: (414) 764-5300

Mention "Area 75 & East Central Regional Conference" to receive reduced room rate

conference information — www.area75.org

| Nancy H. | nanch268@gmail.com 414-801-5184 |
|----------|------------------------------------|
| Chris S. | 1sgt64il@gmail.com 414-333-8167 |

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Call or text Philip G. at (414) 276-5252 Mary A. at andersml1961@gmail.com

"The spiritual life is not a theory.

We have to live it."

GET YOUR

SWEET SELF

(reprinted with permission from Alcoholics Anonymous, Ch. 6, Into Action, pg. 83)

Please feel free to make copies of this registration brochure to share with your friends.

A.A. Conferences: "Why do we have to pay?" Conferences are self-supporting The costs of the events are paid through ticket sales (registration). No baskets are passed during the conference. Ideally, the event is planned to break even; therefore, the registration cost is nominal compared to a weekend worth of entertainment elsewhere. Attendance is voluntary and as responsible A.A. members we pay our own way-in keeping with A.A.'s Seventh Tradition.

We look forward to meeting you

- and many brand-new best friends forever at INTO ACTION 2019!



conference schedule FRIDAY, OCT. 18 3p-8p Registration 4p-5p Presentation: Mark E. — EC Regional Trustee East Central Regional Flag Ceremony 7:30p AA Speaker: Leo S. — Knox, IN 8p-9:30p 9:30p Ice Cream Social ECR Area Officers Sharing Session 10p-11p 10p-6a Alkathon

| SATURDAY, OCT. 19 | | | |
|-------------------|---|--|--|
| 8a-6p | Registration | | |
| 9a-10:30a | Area 75 Assembly | | |
| 9a-12:30p | AA / Al-Anon Panels | | |
| 12:30p-1:30p | Lunch ON YOUR OWN | | |
| 1:30p-3p | Al-Anon Speaker: Jeri V.— Milwaukee, WI | | |
| 3p-4:15p | AA / Al-Anon Panels | | |
| 6:00p | SATURDAY NIGHT BANQUET | | |
| 7:30p | Countdown | | |
| 8p-10p | AA Speaker: Jim M. — Oceanside, NY | | |
| 10p-midnight | Entertainment | | |
| 10p-6a | Alkathon | | |

| SUNDAY, OCT. 20 | | |
|-----------------|---------------------------------------|--|
| 8:30a | Breakfast Buffet | |
| 9:30a | AA Speaker: Elizabeth N Fox Point, WI | |
| 10:30a | Closing | |

And we have ceased fighting anything or anyone - even alcohol.

For by this time sanity will have returned.

Love and tolerance of others is our code.

We are neither cocky nor are we afraid.

...so long as we keep in fit spiritual condition.

(Alcoholics Anonymous, Ch. 6, Into Action, pg. 84 & 85)





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\$15 WITH PRE-REGISTRATION, \$20 AT THE DOOR \$25 BANQUET DINNER SATURDAY NIGHT!

SPEED REHIP!

FRIDAY NIGHT

AA SPEAKER - BOBBY B. (MADISON, WI)

SATURDAY NIGHT

AL-ANON SPEAKER – MARGE M. (LA POINTE, WI)
AA SPEAKER – LARRY M. (LA POINTE, WI)

SUNDAY MORNING

AL-ANON SPEAKER – WINNIE M. (EAU CLAIRE, WI)
AA SPEAKER – MOLLY M. (EAU CLAIRE, WI)



| Register online at <u>www.recoveryontheriver.org</u> or return this form by September 20, 2019 to: Recovery on the River | PO Box 1945 Eau Claire, WI 54702 |
|--|--|
| name | Decision the |
| adduss | REGISTRATION: \$15 |
| address | BANQUET: \$25 |
| citystatezip | BILL W DONATION: |
| phoneemail | TOTAL ENCLOSED: |
| (circle one) Al-Anon Alateen AA | Checks can be made payable to "Recovery on the River" |
| □ Contact me about service opportunities □ Please check for special accommodations | |
| WWW.RECOVERYONTHERIVER.ORG | |

NOW & THEN September 2019 Page 17

REGISTRATION@RECOVERYONTHERIVER.ORG

SUGGESTIONS FOR HOW TO DISSEMINATE ISSUES OF THE N & T

We have heard much positive feedback about the electronic version of the Area 74 newsletter. The most frequent problem many groups are relaying to us is it takes too much paper/ink to print off copies of the monthly issues. We have been instructing members through direct correspondence on what to do and thought it might be beneficial to include methods to get the newsletter, or portions of it, to other members of the group(s).

Some suggestions:

- 1. Have individuals send an email to area74newsletter@gmail.com and they can be added to the distribution list for free and receive their own copy.
- 2. Distribute to other home group or AA members via email by forwarding the original email to them.
- 3. Update the Group Information (new GSR or Contact) with the Area 74 Registrar by submitting a Group Change Form and getting the group info updated. If your updated info includes an email address your group will receive an electronic version automatically. If no email is submitted, the Registrar will provide information on how to proceed.
- 4. Print off the whole electronic version in Black & White to save cost
- 5. Use the TABLE OF CONTENTS ON PAGE 2 OF THIS ISSUE to choose which pages to print
- 6. Print off the portions of the newsletter the group would like to have in hard copy. Almost every printer has the option to print off only certain pages of a document.

Ex. The Group decides to only print information directly attributed to the communication between the Group and the Area Committee, and to print copies of Area 74 Conference fliers.

Instructions: a. Select 'Print'

b. Under <u>PAGES</u> Click on 'From' Add page to start Ex. 1 Click on 'To' Add page to end Ex. 9

OR if not consecutive pages

- c. Under <u>PAGE RANGE</u> Enter page numbers or page ranges separated by commas (e.g. 1-3,6,8,10-12,17,18) thus eliminating unwanted pages.
- 6. Use the Enrollment Form and pay the \$25 subscription fee to receive an abridged version.

We hope sharing these options helps in distributing the Now & Then, your written communication vehicle between the Area Committee and your group and individual members of Area 74

NEW MAILING ADDRESS FOR THE NOW & THEN

EFFECTIVE IMMEDIATELY MAY 31, 2019

NOW & THEN

P.O. BOX 192

STURGEON BAY, WI 54235