

July 2019

Now & Then



Newsletter of Delegate Area 74

Northern Wisconsin & Upper Peninsula of Michigan

Volume 60

www.area74.org

Number 1

Co-Editors: Jeff C. and Michelle Z. (elect)

Email: area74newsletter@gmail.com

Delegate's Corner

Greetings Area 74:

Happy Fourth of July!!! I would like to extend a special thank you for all of those who attended the Delegate's Report Back on June 22, 2019, at the Reiter Center in Three Lakes, WI. Thank you for all the love and support I received. If you were not able to be there, no problem. You are still able to hear my General Service Conference Report by inviting me to share at your District Meeting. I have sent out my written Delegate's Report that covered my entire experience at the 69th General Service Conference, including a review of this year's Advisory Actions. This went out via e-mail to all members of the Area Committee and Past Delegates. I also sent out the 'Around the Picnic Table' presentation from our Treasurer, David Morris (C.P.A. and Class A Trustee of the General Service Board). If you are a District Committee Member (DCM), please make sure to forward those emails along to the General Service Representatives (GSRs) in your District. The Final Conference Report will be published later this summer. I will have the Final Conference Report available at both of our Assemblies in September and October.

I would like to recommend Area 74 A.A. members attend and participate in the upcoming East Central Regional Forum which will be held July 12-14, 2019, at the Sheraton Detroit Metro Airport in Detroit, Michigan. Regional Forums are weekend-long informational gatherings that bring together A.A. members with representatives from the General Service Board and the A.A. World Services and AA Grapevine Corporate Boards, as well as with Grapevine/LaVina and General Service Office staff. There is no registration fee for a Regional Forum, as they are supported by Seventh Tradition contributions to the General Service Office. The General Service Board hosts Regional Forums at the invitation of each region and finances the costs of hotel meeting rooms. Members need only cover their own travel, lodging, and food costs. Forums begin Friday evenings and run until Sunday noon. I hope to see you in Detroit at the East Central Regional Forum.

In Love & Service,
Sara Plansky-Pecor
Panel 68, Area 74 Delegate
Northern Wisconsin/Upper Peninsula of Michigan
delegate@area74.org
715.938.7752

From the Area Chair

Greetings Area 74,

I hope this finds you all well and sober. In trying to come up with something to write about I got to thinking about what lies ahead and what needs to be done for our Area. There are several issues that need to be addressed going forward, but one thing that I have not heard anyone speak to, is the Fall Conference of 2020. There is approximately 15 months before that conference and we still have had no District step up to host it. This got me thinking back to the last time our District hosted a conference so I thought I would share my experiences with that. I was a newly sober, beaten down, unemployed drunk when our District was in the planning stages of hosting the 2008 Fall Conference. With the exception of a few hardcore Big Book thumpers our District was relatively quiet and not very active in AA service. The District had a DCM and held monthly business meetings, but there were no committees and very low attendance. Right before the time I came into AA, one of those Big Book thumpers got the idea that our District was long overdue to host an Area Conference and got a few friends and sponsees together to put in a bid for the Fall 2008 Conference. The bid was awarded to the District and by the time I arrived on the scene the preparations were in the infant stages. I was very fortunate to get involved with this small hardcore group of AA's from the very start and it wasn't very long before they put me to work and in the thick of things. It started out with attending a District meeting but snowballed from there and before long I found myself the registration committee co-chair. At the beginning of things there were just a few people handling everything, but an amazing awakening started happening and by the time of the conference, we ended up with more volunteers and supplies than we ever needed. I remember the monthly District meetings were small but kept getting bigger by the month and at the end of that time there were upwards of 30 people attending the District meetings. Of course there was a lot of fear leading up to the conference as is the nature of all conferences, but there was also a growing excitement and a new found sense of unity and pride in our District. Like every conference I have been to since, things worked out just fine and the conference was a complete success. As it turned out we ended up with way better attendance than anticipated and there was a good amount of money left over. As is tradition we split that money with the Area and with the Districts share we formed our first active Committees in the Districts history. Our District has continued to thrive since that conference 11 years ago, and we are hosting this year's Fall voting conference which is invigorating and unifying a whole new generation of AA's. The point of my sharing this with you all is to plant a seed to folks in Districts that have not hosted a Conference in a long time. The Area is in need for some District to step up and host next years Fall Conference and time is ticking away on this. It can seem a huge and overwhelming task, but I can tell you from experience that it can also be a tremendous and rewarding one as well. If there is anyone out there thinking about maybe doing this but afraid your District is too small or not enough interested people, I can tell you that there are plenty of people in our Area all too willing to help (myself included). Anyhow I hope this may spark an interest for someone to step forward and see you all soon at our next Conference in September.

God Bless,

Jeff D. alternate Delegate/Area Chair.

Ps. Still haven't seen many articles here in the last year and a half from you Area Chairs and Officers, hint, hint.

The Area 74 Treasury has a new contribution mailing address effective immediately.

Send Area 74 Contributions To: Area 74 Treasury

P.O. BOX 1191 Appleton, WI 54912-1191

**Very Important!! Please include group number, group name,
and address of group location or point of contact**

If there is only a group name and location, or contact address, please include this.

Thank You, Area 74 Treasurer treasurer@area74.org

2019 Dates to Remember
Area 74 –Upper Peninsula of Michigan and Northern Wisconsin

7/12-14/2019	East Central Regional Forum*	Sheraton Detroit Metro Airport	Romulus, MI
9/5-8/2019	National AA Archives Workshop	Hotel St. Regis 3071 W. Grand Blvd	Detroit, MI
9/20–22/2019	Area 74 Fall Conference*	Ramada 110 Grand Seasons Dr	Waupaca, WI
9/21/19 Sat	Area 74 Election Assembly*	Ramada 110 Grand Seasons Dr	Waupaca, WI
9/22/19 Sun	Area 74 Area Committee*	Ramada 110 Grand Seasons Dr	Waupaca, WI
10/18-20/2019	East Central Regional Conference*	Crowne Plaza Milwaukee Airport	Milwaukee, WI
10/26/19 Sat	Area 74 Fall Assembly*	Reiter Center 1858 S. Michigan St	Three Lakes, WI
12/14/19 Sat	Area 74 Area Committee*	Reiter Center 1858 S. Michigan St	Three Lakes, WI
7/2-5/2020	International Convention of AA	COBO Center (Downtown)	Detroit, MI

****NOTE FROM THE DELEGATE:** The servants of Area 74 are excited to provide the **dates for the Area 74 Service Structure**. We are lucky to live in an area that hosts many conferences, workshops and fellowship events. As your trusted servants, we sometimes miss the chance to participate in local events because they conflict with the service events you have entrusted us to conduct. We hope that, by providing the Area 74 service structure dates in early fall; they can be considered as you plan your service and fellowship events for the coming year. We look forward to seeing you.

NOTE FROM CO-EDITORS: We have combined the general events and the Area 74 Service Structure events into one calendar. **BOLD = AREA 74 events** UNBOLD = General AA events in our area

**PLEASE SEND ITEMS, ARTICLES, DISTRICT NEWS, STANDING COMMITTEE ARTICLES,
 GROUP OPINIONS AND OTHER ITEMS FOR INCLUSION IN THE UPCOMING ISSUES OF
 YOUR AREA 74 NEWSLETTER**

*******NEW MAILING ADDRESS FOR NOW & THEN*******

NOW & THEN

P.O. BOX 192

STURGEON BAY, WI 54235

DISTRICT MEETING LIST July 2019

DISTRICT	DAY	DATE	TIME	LOCATION
1	Thursday	11th	6:30 pm	Central Office, 1720 Main St. #102 Green Bay, WI
2	Sunday	14th	2:30 pm	Christus Lutheran Church 120 Main St., Clintonville, WI
3	Thursday	3rd	5:30 PM	Alano Club 1210 E Grand Ave. Wisconsin Rapids, WI
4	Thursday	11th	7:00pm	Peace Lutheran Church 293 S Main St. Amherst, WI
5	Weds	10th	6:45 pm	Menomonie Leisure Center, 1412 6th St E, Menominee, WI
6				NO INFORMATION AVAILABLE
7	Sunday	21st	4:00PM	DCMs Home 812 S Vine Ave. Marshfield, WI
8	Tuesday		7:00pm	Mount View Care Center, 2400 Marshall St., Wausau, WI
9	Sunday	7th	2:00pm	Faith Presbyterian Church 806 Fritzie Avenue Crivitz, WI
10	Saturday	27th	10:30 AM	Conover Town Park, 4661 Highway K East in Conover
11				NO INFORMATION AVAILABLE
12	Saturday	13th	12:30 PM	Alano Club 10339 South Florida Avenue Hayward, WI
13	Monday	1 st	5:30pm	Chequamegon Bay Serenity Club 310 Stuntz Ave., Ashland, WI
14	Sunday	14th	5:30pm	Amery Legion Hall Memorial Dr Amery, WI
15				NO INFORMATION AVAILABLE
16	Saturday			Ontonagon United Methodist Church, 109 Greenland, Ontonagon, MI
17	Monday	29th	6:00pm	105 W. Fleishiem Iron Mountain, MI
18	Saturday	1st	10:00am	Party's Unlimited 106 N Main St Ishpeming, MI
19				NO INFORMATION AVAILABLE
20				Check website at www.district20rea74aa.org
21	Sunday	6th	7:00 PM	Holy Trinity Church Hwy 41 Chassell, MI
22	Monday	1st	6:00pm	Hope Church 12th Ave & Michigan St, Sturgeon Bay, WI
23	Weds	7th	6:30pm	Lakeview United Methodist Church 23980 Co. Rd. "X", Hertel, WI
24				NO INFORMATION AVAILABLE

DISTRICT MEETING LIST AUG 2019

1	Thursday	8th	6:30pm	Central Office, 1720 Main St. #102 Green Bay, WI
2	Sunday	11th	2:30pm	St. Paul's Church 410 Wallace St. Combined Locks, WI
3	Thursday	3rd	5:30 PM	Alano Club 1210 E Grand Ave. Wisconsin Rapids, WI
4	Thursday	8th	7:00pm	Peace Lutheran Church 293 S Main St. Amherst, WI
5	Weds	15th	6:45	Menomonie Leisure Center, 1412 6th St E, Menominee, WI
6				NO INFORMATION AVAILABLE
7	Sunday	18th	4:00PM	DCMs Home 812 S Vine Ave. Marshfield, WI
8	Tuesday		7:00pm	Mount View Care Center, 2400 Marshall St., Wausau, WI
9	Sunday	4th	2:00pm	Peace Church 208 E. Maurer Shawano
10				No August meeting
11				NO INFORMATION AVAILABLE
12	Saturday	13th	12:30	Alano Club 10339 South Florida Avenue Hayward, WI
13	Monday	5th	5:30pm	Chequamegon Bay Serenity Club 310 Stuntz Ave., Ashland, WI
14	Sunday	11th	5:30pm	New Richmond Alano Club 1448 N 4th Street, New Richmond,
15				NO INFORMATION AVAILABLE
16	Saturday		11:00A	United Lutheran Church, 304 Main St., L'Anse, MI.
17	Monday	26th	6:00pm	105 W. Fleishiem Iron Mountain, MI
18	Saturday	3rd	11:00a	First United Methodist Church 111.E. Ridge St Marquette, MI
19				NO INFORMATION AVAILABLE
20				Check website at www.district20rea74aa.org
21	Sunday	7:00	6:30pm	Holy Trinity Church Hwy 41 Chassell, MI
22	Monday	5th	6:00pm	Hope Church 12th Ave & Michigan St, Sturgeon Bay, WI
23	Sunday	4th	6:30pm	Lakeview United Methodist Church 23980 Co. Rd. "X", Hertel, WI
24				NO INFORMATION AVAILABLE

AREA 74 SURVEY CONCERNING ASSEMBLIES and AREA COMMITTEE MEETINGS

Greetings and thank you for taking the time to participate in this survey. This survey was developed to study the effectiveness, efficiency and facilitation of four Assemblies/Area Committee meetings per year. Your responses are valuable to the health and welfare of Area 74.

Currently Area 74 holds four Assemblies per year. The Standing Committee Chairs report to the Assembly at least once per year. Since 2011, Assemblies have been held as follows:

- April - stand-alone event (Three Lakes WI), focused on the General Service Conference (GSC) agenda items
- May - held in conjunction with the Area 74 Spring Conference (rotating location), focused on the Delegate's Report on the GSC.
- September - held in conjunction with the Area 74 Fall Conference (rotating location); in odd years the entire Assembly is devoted to elections.
- October - stand-alone event (Three Lakes WI); includes annual budget.

Currently the Area Committee Meeting (ACM) includes reports from the District Committee Members (DCMs) and is held four or five times per year as follows:

- March - after the Delegate's Workshop (Three Lakes, WI).
- May - during the Area 74 Spring Conference (rotating location).
- August - optional (Three Lakes, WI).
- September - during Area 74 Fall Conference (rotating location).
- December - (Three Lakes, WI).

This survey can be completed as an individual or as a group conscience. Please complete the survey only one time as an individual.

1. Fill out online at www.area74.org, this will be automatically tallied when you hit the **submit** button at the end.
2. The link below will go directly to the online survey;
https://docs.google.com/forms/d/e/1FAIpQLSeiwT8055YTCH2-9jc2xp330ECUe2MqxkvwebZwSr4cbfzn5g/viewform?usp=sf_link
3. The survey can be returned via email to survey@area74.org or to address below.

Area 74 Treasurer
PO Box 1191
Appleton, WI. 54912

Please share this survey and links! We are hoping for as many responses as possible.

Survey ends Saturday August 31, 2019

Definitions (Links to pamphlets).

DCM--https://www.aa.org/assets/en_US/aa-literature/f-12-your-dcm

GSC--https://www.aa.org/assets/en_US/service-material-from-the-gso/smf-116-the-general-service-conference-structure-us-and-canada

SUGGESTIONS FOR HOW TO DISSEMINATE ISSUES OF THE N & T

We have heard much positive feedback about the electronic version of the Area 74 newsletter. The most frequent problem many groups are relaying to us is it takes too much paper/ink to print off copies of the monthly issues. We have been instructing members through direct correspondence on what to do and thought it might be beneficial to include methods to get the newsletter, or portions of it, to other members of the group(s).

Some suggestions:

1. Have individuals send an email to area74newsletter@gmail.com and they can be added to the distribution list for free and receive their own copy.
2. Distribute to other home group or AA members via email by forwarding the original email to them.
3. Update the Group Information (new GSR or Contact) with the Area 74 Registrar by submitting a Group Change Form and getting the group info updated. If your updated info includes an email address your group will receive an electronic version automatically. If no email is submitted, the Registrar will provide information on how to proceed.
4. Print off the whole electronic version in Black & White to save cost
5. Print off the portions of the newsletter the group would like to have in hard copy. Almost every printer has the option to print off only certain pages of a document.

Ex. The Group decides to only print information directly attributed to the communication between the Group and the Area Committee, and to print copies of Area 74 Conference fliers.

Instructions: a. Select 'Print'

- | | | |
|-----------------------|-----------------------------------|-------|
| b. Under <u>PAGES</u> | Click on 'From' Add page to start | Ex. 1 |
| | Click on 'To' Add page to end | Ex. 9 |

OR if not consecutive pages

- c. Under PAGE RANGE Enter page numbers or page ranges separated by commas (e.g. 1-3,6,8,10-12,17,18) thus eliminating unwanted pages.
6. Use the Enrollment Form and pay the \$25 subscription fee to receive an abridged version.

We hope sharing these options helps in distributing the Now & Then, your written communication vehicle between the Area Committee and your group and individual members of Area 74

NEW MAILING ADDRESS FOR THE NOW & THEN

EFFECTIVE IMMEDIATELY MAY 31, 2019

NOW & THEN

P.O. BOX 192

STURGEON BAY, WI 54235

IMPORTANT CHANGES TO AREA 74 NOW & THEN NEWSLETTER DISTRIBUTION

The following motion was approved at the October 28th assembly

MOTION APPROVED BY ASSEMBLY ACTION: The Area 74 newsletter, the Now & Then, begin using electronic distribution for the monthly issues produced. Groups with no ability to receive an electronic copy may opt-in to receive a printed hard copy via US Postal Service paid for by group contributions received by Area 74. Any other entity or person may receive a printed hard copy provided they pay for the cost of production and postage in advance.

The practical application of this is as follows:

- **Email delivery will be the default form of delivery.**
- Email delivery is free of charge.
- Any member of AA can receive the email version free of charge.
- Any registered group with NO ability to receive the free electronic copy can receive an abridged hardcopy subscription paid for by Area 74 by completing the Area 74 Newsletter Enrollment form. (For more information see pages 9 and 10.)
- Any member of AA can receive an abridged hardcopy subscription for \$25 for 12 copies per year by completing the Area 74 Newsletter Enrollment form.
- To opt-in to a printed copy, purchase a subscription or get on the email distribution list send an email to area74newsletter@gmail.com or follow the directions in the Now & Then or below.
- Group subscriptions for email delivery or requests for hard copy postal delivery sent to the Now & Then should also be sent to the Area Registrar at registrar@area74.org , or by mail to Area 74 Registrar c/o Gerri Ann Z- 141 North Birch Street - Gwinn, MI 49841. It is a big job keeping our Database records up-to-date and this will help greatly. Please include the group number and group name.

AREA 74 NEWSLETTER SUBSCRIPTIONS

STAY CONNECTED TO AREA NEWS, INFORMATION, AND MORE!

ELECTRONIC SUBSCRIPTIONS: (NO COST)

Please send a request via email to with your contact information to area74newsletter@gmail.com
The Now & Then will be emailed to you monthly at no cost.

HARD COPY SUBSCRIPTIONS: (\$25.00 for 12 issues)

If you would like to have a hard copy of the Now & Then mailed monthly to your home.
Please mail a check made out to **CASH** and a completed enrollment form to the following address:

**Now & Then
P.O. Box 192
Sturgeon Bay, WI 54235**

Please Note: Every group and Area Committee Position within Area 74 receives the Now & Then via email at no cost. No need for GSRs to subscribe. IF a group has NO ability to receive a copy electronically, Area 74 will provide a hard copy subscription at no cost to the group.

The following proposal and enrollment form was passed by the Area Assembly on April 27, 2019.

Approved Plan --- Now & Then for Opt-into Hard Copy

Area 74 Assembly

April 27, 2019

MOTION PASSED: *The October 28th Fall 2018 Area 74 Assembly passed a motion: The Area74 newsletter, the Now & Then, will begin using electronic distribution for the monthly issues produced. Groups with no ability to receive an electronic copy may opt in to receive a printed hard copy via US Postal Service paid for by group contributions received by Area 74. Any other entity or person may receive a printed hard copy provided they pay for the cost of production and postage in advance.*

BACKGROUND: The following proposal with action plan and enrollment form comes from the Now & Then Co-editor and the Co-editor elect (pending assembly approval). The Co-editors and the Now & Then Conversion committee spent many hours and numerous conference calls developing this proposal and are in unanimous support of this recommendation. The Co-editors thank the Now & Then Conversion committee for their dedication, input, and support throughout the process of implementing the transition to a primarily electronic delivery of the newsletter.

PROPOSAL: Area 74 will provide and mail an abridged hardcopy version of the Now & Then, the Area 74 monthly newsletter (shortened to manage cost), to any registered group in Area 74 that has NO ability to receive an electronic version upon request as long as all of the following criteria are met:

1. They are a registered AA Group listed with the General Service Office (Note: the Co-editors will offer assistance registering with GSO if needed).
2. The Group has a valid, current mailing address to which the newsletter may be sent successfully.
3. The GSR or group contact completes and submits a Now & Then Enrollment Form (see below) to the Now & Then to subscribe and must subsequently renew every 12 months thereafter to re-enroll if the need continues.

ACTION PLAN: The committee recommends that this proposal occur in two steps:

1. All registered groups with no known email address in the New Vision Database (aka GSO registered group list) will be sent a letter asking them to send a completed Group Change Form including an email address to the Area 74 Registrar. If the group does not want to send an email address to the Registrar they can complete the Now and Then Enrollment Form and send it to the Now & Then Co-editors instead.
2. Any Group submitting a New Group Form, or a Group Change Form (subsequent to the initial mailing contact) will be sent a Now & Then Enrollment Form by the Registrar if no email address is listed on the form.

In service,

Jeff C. Co-Editor and Michelle Z. Co-Editor elect (pending Assembly approval)

AREA 74 NEWSLETTER ENROLLMENT

Stay connected to area news, information and more!

ELECTRONIC SUBSCRIPTIONS: (NO COST)

All groups and AA members are eligible to receive the electronic newsletter at no cost. If you would like to receive an electronic subscription, please send a request via email with your contact information to Area74newsletter@gmail.com. Please Note: Every group and Area Committee Position within Area 74 receives the newsletter via email at no cost. No need for GSRs to subscribe unless an email address was not registered with GSO or the Area 74 Registrar.

HARD COPY SUBSCRIPTIONS: (\$25.00 FOR 12 ISSUES)**

Individual AA members and groups may purchase an abridged hardcopy subscription of the Area 74 newsletter. If you or your group would like to purchase an annual hard copy subscription of the newsletter please complete and mail the below enrollment form along with a check made out to "Now & Then".

HARD COPY SUBSCRIPTIONS FOR GROUPS WITH NO MEANS OF RECEIVING AN ELECTRONIC COPY: (NO COST)

If a group has NO ability to receive a copy of the newsletter electronically, Area 74 will provide an abridged hardcopy for the group at no extra cost. If you are the contact for an AA group registered with GSO and your group has no means of receiving an electronic copy, please complete and mail the enrollment form below. Be sure to include your group name and number and the address that you want your group's copy of the newsletter to be sent.

-----cut here

Area 74 Now and Then Printed Hardcopy Enrollment Form

Please select an option below and send the completed enrollment form and a check made payable to "Now & Then" to the following address:

**NOW & THEN
P.O. Box 192
STURGEON BAY, WI 54235**

- Individual Annual Subscription – Printed Hardcopy \$25 (12 copies a year)**
- Group Annual Subscription – Printed Hardcopy \$25 (12 copies a year)**
- Groups with no means to receive an electronic copy (No cost)

Date: Group number: Group name:

Group contact name:

phone: email:

Shipping address:

**The Area 74 Assembly will set the price for a yearly subscription by proposing a price for the following calendar year in the newsletter's budget request voted on at the Fall Assembly each year.

The 2020 International Convention of Alcoholics Anonymous

https://www.aa.org/pages/en_US/international-convention-2020



The 2020 International Convention of Alcoholics Anonymous will be held July 2–5, 2020 in Detroit, Michigan with the theme “Love and Tolerance is our Code.” A.A. members and guests from around the world will celebrate A.A.’s 85th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Ford Field Stadium. Other meetings, scheduled or informal, will take place throughout the weekend in the COBO Center in downtown Detroit.

We know many are excited about the International Convention and eager for detailed information. As the time gets closer, additional information about the Convention and Detroit, our host city, will be provided.

This website will be updated as more information becomes available. Also watch for articles in our quarterly news bulletin, Box 4-5-9, which is mailed to the general service representative of every group in the U.S. and Canada listed with G.S.O. and is also posted on the website. Registration forms will be mailed in August 2019 to all G.S.R.s, central offices, intergroups and international G.S.O.s. Online registration will be available September 9, 2019, on aa.org. Advanced registration for the convention between September 9, 2019 and April 14, 2020 will be \$115.00 (USD) per attendee. Registration after April 15, 2020 will be \$140.00 (USD) per attendee. For further information please see the Frequently Asked Questions (FAQs) on this same page.

We look forward to seeing you in Detroit!

AA Grapevine Non-trustee Director Opening

AA Grapevine’s Corporate Board has started its search to fill the vacancy for one non-trustee director, which will open following the 2020 General Service Conference.

Interested A.A. members are encouraged to submit a resume.

resumes@aagrapevine.org

Submit Your Story for Upcoming Issues

- My Spiritual Awakening (due July 20)
- Getting Through Tough Times in Sobriety (due August 20)
- Emotional Sobriety – How is your life better today? (due September 15)

www.aagrapevine.org/contribute

FROM YOUR AREA 74 FELLOWSHIP

Professionals in District 23 Received New Insights into AA at Seminar

Sponsored by District 23 and New Life Home Group in Spooner

About 30 professionals, including counselors, social workers, law enforcement, school administrators, clergy and the local news media, joined AA members from District 23 June 5 for a half-day seminar in the conference center at the Spooner Hospital, entitled ***Our Community Opportunity, Solutions to Alcohol Abuse . . . Together.***

Initiated by the district's CPC chair and sponsored by the New Life AA home group in Spooner, the seminar explored community-based solutions to alcohol abuse and reinforced the commitment of Alcoholics Anonymous to helping individuals, families and communities recover from the damage of alcoholism. Abuse of alcohol, as well as drugs, has been ranked at or near the top of all health issues affecting our communities, according to recent health assessments in Barron, Burnett and Washburn counties.

Keynote speaker was Julia Sherman, who directs the Wisconsin Alcohol Policy Project at the University of Wisconsin Law School in Madison. Her speech was entitled "A Wisconsin Free From Alcohol-Related Harm: A Possible Dream." Sherman chaired the Alcohol, Culture and Environment Work Group of the Wisconsin State Council on Alcohol and Other Drug Abuse and authored its final report, *Changing Wisconsin's Alcohol Environment to Promote Safe and Healthy Lives*. The theme of her presentations was that local community officials and organizations communities can – and must – work together to enforce and strengthen alcohol consumption laws and discourage abuse.

Other presentations included: *Science Meets the Steps*, an analysis of the 12 steps from a modern behavioral science perspective, by a clinical substance abuse counselor, licensed professional counselor and independent clinical supervisor; *Jail: A Predictable Outcome for Many, A Start on Recovery for Some*, by the Washburn County jail administrator; *Alcohol and the Family*, by an AI Anon member; *Alcohol vs. Spiritual Reality*, by a minister; and *AA: What's It All About?* by a member of the New Life home group.

With more than half of people in AA referred to the program by a counselor or other professional, according to statistics from Alcoholics Anonymous, AA members at the seminar stressed that, while the professionals in the audience may not need AA, we need them. The professionals are on the front line of serving people with alcohol abuse problems, and AA is in the background, helping sustain the sobriety the professionals may initiate. A small group of AA members worked on organizing the seminar for more than four months, and several groups in the district helped with the costs. Spooner Hospital donated the meeting space, audio visual support and refreshments. All participants received pertinent AA literature along with an up-to-date list and contact information of the more than 50 AA meetings held in District 23 each week, to assist them in making referrals of people to our meetings.

Several of the participants remarked that they learned a lot more than they knew previously about AA and that they wish they would have brought more of their staff along to the seminar.

Respectfully submitted,

Tom G. New Life Group Spooner, WI

UPPER PENINSULA TRAVELING
INTERGROUP
L'Anse INTERGROUP
JULY 13th, 2019

Location:

AMERICAN LEGION HALL
115 N Front St L'Anse, Michigan

Eastern Time:

CORRECTIONS 4PM
GSR MEETING 5PM
POTLUCK HAM & CHICKEN DINNER 6PM
SPEAKERS FOLLOWING DINNER

PLEASE CONSIDER BRINGING A SIDE TO PASS



“OUR DAILY REPRIEVE”

AREA 74 2019 Fall Conference



SEPTEMBER 20-22, 2019 – RAMADA INN, WAUPACA, WI

Friday Night Opening Speaker

Jim G. (Minnesota)

Saturday Afternoon Al-Anon Speakers

Alateen Speakers

Rachel, Julianne, and Sarah

Saturday Night Speaker

Josh S. (California)

Sunday Morning Speaker

Carl H. (Milwaukee, WI)



Register Register Register – ONE FORM PER PERSON PLEASE

Deadline to register with banquet attendance is August, 31 2019

Name _____	Registration only - _____	\$18	
Name on badge _____	Banquet – add _____	\$22	
Address _____			
City _____ State _____ Zip _____	7 th Tradition donation _____		
Phone _____	TOTAL ENCLOSED _____		
Email _____	Check one:		
Contact me about service opportunities <input type="checkbox"/>	AA: <input type="checkbox"/>	Al-Anon: <input type="checkbox"/>	Alateen: <input type="checkbox"/>
ASL Interpreter Required? <input type="checkbox"/>			

Make checks payable and mail to

AREA 74 FALL CONFERENCE 2019 – PO BOX 606, Stevens Point, WI 54481
For more information call: 715-498-4138 or email: registerinfo@aawidistrict04.org

AREA LODGING

WAUPACA

Ramada by Wyndham
110 Grand Seasons Dr
Waupaca, WI 54981
715-258-9212

**Room rates are locked in at \$105/night
up until Aug. 20th for Queen Double rooms*

Econolodge Waupaca
1060 W Fulton St
Waupaca, WI 54981
715-258-8526

Comfort Suites Foxfire
199 Foxfire Dr
Waupaca, WI 54981
520-257-3072

Apple Tree Lane Bed & Breakfast
E3192 Apple Tree Ln
Waupaca, WI 54981
715-258-3107

Crystal River Inn
E1369 Rural Rd
Waupaca, WI 54981
715-258-5333

STEVENS POINT

(NW 30 MI)

Comfort Suites
300 Division St
Stevens Point, WI 54481
715-341-6000

Days Inn & Suites by Wyndham
159 North Division St
Stevens Point, WI 54481
715-341-9090

Country Inn & Suites
301 Division St North
Stevens Point, WI 54481
715-345-7000

Knights Inn Stevens Point
3421 Church St
Stevens Point, WI 54881
715-344-3434

La Quinta Inn & Suites
4917 Main St
Stevens Point, WI 54481
715-344-1900

Econo Lodge Inn & Suites
5110 Main St
Stevens Point, WI 54481
715-341-5110

Holiday Express & Suites
1100 Amber Ave
Stevens Point, WI 54481
715-344-0000

PLOVER

(NW 25 MI)

Comfort Inn
1560 American Dr
Plover, WI 54467
715-342-0400

Americinn by Wyndham
1501 American Dr
Plover, WI 54467
715-342-1244

Hampton Inn
3090 Village Park Dr
Plover, WI 54467
715-295-9900

Elizabeth Inn
5246 Harding Ave
Plover, WI 54467
715-341-4414

Best Western Plover Hotel &
Conference Center
5253 Harding Ave
Plover, WI 54467
715-544-6200

FREMONT

(SE 16 MI)

Hotel Fremont
218 Wolf River Dr
Fremont WI 54940
920-446-2402

Wolf River Lodge
8839 S Wolf River Rd
Fremont, WI 54940
920-446-2525



Cooperation with the Professional Community (CPC) Workshop

*A chance for professionals and those of us in recovery to meet and
exchange experiences.*

ALL AA MEMBERS WELCOME

Sponsored by Area 74/District 20

Alcoholics Anonymous

Come join us in Munising, Michigan to meet professionals working with alcoholics in their careers. We will have representatives from the court, legal, medical, spiritual and recovery fields. There will be brief introductions followed by a question and answer session. Lunch will be provided

When: Saturday August 24th 2019

Time: Noon--4:00 P.M.

Where: Get Away Drop-In Center

Address: 226 W. Superior St.
Munising, Michigan.

AGENDA

Noon—1:00 Lunch

1:00--2:00 Introductions

2:00—4:00 Questions and Answers

Questions? Want to be part of panel?

Email to a74d20@gmail.com

C

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C

into **ACTION** 2019

Area 75 & East Central Regional Conference

of ALCOHOLICS ANONYMOUS

*** October 18-20**

Crowne Plaza Milwaukee Airport

Hosted by Area 75

ECR Area Officers Sharing	AA Speakers	ALKATHONS	Ice Cream Social	Al-Anon Speaker
	Area 75 Assembly	AA & Al-Anon Panels		
		SATURDAY BANQUET	Entertainment	



registration form — one person per form. PLEASE PRINT



Select: AA Al-Anon Alateen

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Accessibility accommodation needs (MUST be requested by September 18)

please check desired — & mail BEFORE October 11

<input type="radio"/>	Pre-Registration (until Sept 25th)	\$20.00
<input type="radio"/>	Registration (Sept 26th forward)	\$25.00
<input type="radio"/>	Saturday Night Banquet <input type="radio"/> CHICKEN <input type="radio"/> BEEF <input type="radio"/> VEGETARIAN	\$30.00
<input type="radio"/>	Sunday Breakfast Buffet	\$18.00
<input type="radio"/>	Donation	\$
<input type="radio"/>	TOTAL ENCLOSED	\$

make checks payable to:	Area 75 Conference PO Box 70438 Milwaukee, WI 53207
or register online:	www.eventbrite.com Enter: 2019-area75-and-ecr-conference. eventbrite.com

room rates

Single/Double Room

\$103.00 + tax
for conference attendees

Crowne Plaza Milwaukee Airport
6401 South 13th St. • Milwaukee, WI 53221
call: (414) 764-5300

Mention "Area 75 & East Central Regional Conference"
to receive reduced room rate

Rate
deadline!
9-25-19

conference information — www.area75.org

Nancy H.

nanch268@gmail.com
414-801-5184

Chris S.

1sgt64il@gmail.com
414-333-8167

ready to make your recovery AMAZING?

here's your chance!

We are looking for greeters
and other volunteers
to help us make
this event the very best YET!

Call or text **Philip G.** at (414) 276-5252
or email
Mary A. at andersml1961@gmail.com

GET YOUR
SWEET SELF
INTO
ACTION!

"The spiritual life is not a theory.

We have to live it."

(reprinted with permission from *Alcoholics Anonymous, Ch. 6, Into Action, pg. 83*)

**Please feel free to make copies of this registration
brochure to share with your friends.**

A.A. Conferences: "Why do we have to pay?" Conferences are self-supporting. The costs of the events are paid through ticket sales (registration). No baskets are passed during the conference. Ideally, the event is planned to break even; therefore, the registration cost is nominal compared to a weekend worth of entertainment elsewhere. Attendance is voluntary and as responsible A.A. members we pay our own way—in keeping with A.A.'s Seventh Tradition.

**We look forward to meeting you
— and many brand-new best friends forever —
at INTO ACTION 2019!**

SEE YA
THERE!

conference schedule

FRIDAY, OCT. 18

3p-8p	Registration
4p-5p	Presentation: Mark E. — EC Regional Trustee
7:30p	East Central Regional Flag Ceremony
8p-9:30p	AA Speaker: Leo S. — Knox, IN
9:30p	Ice Cream Social
10p-11p	ECR Area Officers Sharing Session
10p-6a	Alkathon

SATURDAY, OCT. 19

8a-6p	Registration
9a-10:30a	Area 75 Assembly
9a-12:30p	AA / Al-Anon Panels
12:30p-1:30p	Lunch ON YOUR OWN
1:30p-3p	Al-Anon Speaker: Jeri V.— Milwaukee, WI
3p-4:15p	AA / Al-Anon Panels
6:00p	SATURDAY NIGHT BANQUET
7:30p	Countdown
8p-10p	AA Speaker: Jim M. — Oceanside, NY
10p-midnight	Entertainment
10p-6a	Alkathon

SUNDAY, OCT. 20

8:30a	Breakfast Buffet
9:30a	AA Speaker: Elizabeth N. - Fox Point, WI
10:30a	Closing

And we have ceased fighting anything or anyone — even alcohol.

For by this time sanity will have returned.

Love and tolerance of others is our code.

We are neither cocky nor are we afraid.

...so long as we keep in fit spiritual condition.

(Alcoholics Anonymous, Ch. 6, Into Action, pg. 84 & 85)

into

ACTION
2019

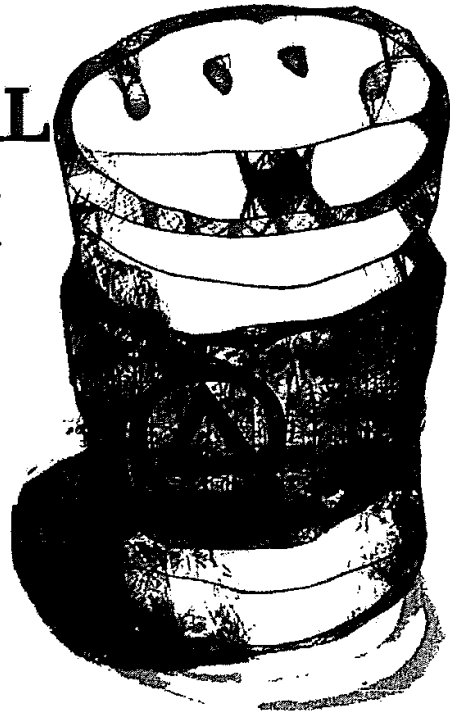
Area 33 hosts the
**2019 EAST CENTRAL
REGIONAL FORUM**

July 12, 13 & 14, 2019

Sheraton Detroit Metro Airport Hotel
8000 Merriman Road, Romulus, MI 48174
Phone Number: 734.729.2600

Group Rate: \$119.00 plus tax--Single/Double Beds
\$109.00 plus tax--Traditional King
Cut Off Date: June 12, 2019
Group Code: XAA

Overflow hotels within walking distance: Comfort Inn Metro Airport
Magnuson Hotel Detroit Airport, Holiday Inn Express Romulus / Detroit Airport



While the ECR Forum is a free event for all members attending the entire weekend, Area 33 is responsible for every gallon of coffee provided/served by the hotel. YOU and YOUR GROUP can help ensure the coffee will flow free and continuously!

I/WE WANT TO KEEP THE COFFEE FLOWING

NAME OR GROUP NAME AND NUMBER: _____

ADDRESS: _____

AMOUNT: _____

Checks are payable to General Service of Southeast Michigan with a note saying it is for the 2019 East Central Regional Forum

Checks are to be sent to: Area 33, PO box 2843, Southfield, MI 48037-2843

Remember, GRATITUDE is a verb



Recovery on the River **JAMBOREE!**

A FAMILY DISEASE

JOIN US FOR AN INCLUSIVE EVENT PRACTICING RECOVERY,
UNITY, AND SERVICE!

OCTOBER 4 – 6, 2019

**BEST WESTERN PLUS EAU CLAIRE CONFERENCE CENTER
3340 MONDOVI ROAD, EAU CLAIRE, WI 54701
CALL (715) 838-9989 TO RESERVE A ROOM.**

**\$15 WITH PRE-REGISTRATION, \$20 AT THE DOOR
\$25 BANQUET DINNER SATURDAY NIGHT!**

**SPEED
SPONSORSHIP!**

PANELS!

FRIDAY NIGHT

AA SPEAKER – BOBBY B. (MADISON, WI)

SATURDAY NIGHT

AL-ANON SPEAKER – MARGE M. (LA POINTE, WI)

AA SPEAKER – LARRY M. (LA POINTE, WI)

SUNDAY MORNING

AL-ANON SPEAKER – WINNIE M. (EAU CLAIRE, WI)

AA SPEAKER – MOLLY M. (EAU CLAIRE, WI)

FELLOWSHIP!

WORKSHOPS!

Register online at www.recoveryontheriver.org or return this form by September 20, 2019 to: Recovery on the River PO Box 1945 Eau Claire, WI 54702

name _____

address _____

city _____ state _____ zip _____

phone _____ email _____

(circle one) Al-Anon Alateen AA

Contact me about service opportunities Please check for special accommodations

REGISTRATION: \$15

BANQUET: \$25

BILL W DONATION: _____

TOTAL ENCLOSED: _____

Checks can be made payable to
"Recovery on the River"

WWW.RECOVERYONThERIVER.ORG
REGISTRATION@RECOVERYONThERIVER.ORG

Now & Then
PO BOX 192
Sturgeon Bay, WI 54235

AREA 74 NEWSLETTER SUBSCRIPTIONS

STAY CONNECTED TO AREA NEWS, INFORMATION, AND MORE!

ELECTRONIC SUBSCRIPTIONS: (NO COST)

Please send a request via email to with your contact information to area74newsletter@gmail.com. The Now & Then will be emailed to you monthly at no cost*.

HARD COPY SUBSCRIPTIONS: (\$25.00 for 12 issues**)

If you would like to have a hard copy of the Now & Then mailed monthly to your home. Please mail a check made out to CASH along with a completed enrollment form to the following address:

Now & Then
P.O. Box 192
Sturgeon Bay, WI 54235

***Every group and Area Committee Position within Area 74 receives the Now & Then via email at no cost. No need for GSRs to subscribe.**

****IF a group, and none of its members, has NO ability to receive a copy electronically, Area 74 will provide a hardcopy subscription at no cost to the group.**