



December 2019
Now & Then



Newsletter of Delegate Area 74
Northern Wisconsin & Upper Peninsula of Michigan

Volume 60

www.area74.org

Number 6

Co-Editors: Jeff C. and Michelle Z.

Email: area74newsletter@gmail.com

Delegate's Corner

Greetings Area 74:

What a bittersweet time in my life as I rotate on from my current service position as Area 74 Delegate. Here it is coming up on the end of 2019 and the Panel 68 rotation of Area Servants. The past two years serving as Area 74 Delegate will forever be a special time in my life. I cannot Thank You enough for allowing me this opportunity to serve Area 74 and Alcoholics Anonymous as a whole and at the same time providing me with spiritual experiences to help me grow in every aspect of my life. I have a deep appreciation to Area 74 and am proud to be from this Area. I will continue to give back to Area 74 in whatever capacity I am asked to serve.

I fully believe in the spirit of rotation and after serving two years as Area Chair and now two years as Delegate, I am feeling like a balloon who has lost some air. I plan to do some much needed work on my recovery program as the past four years have been unbalanced with LOTS of my time focused on service. I am excited to rotate in as the Area 74 Grapevine Chair on January 1st and will do the necessary work to balance out my triangle once again. I would like to welcome our Panel 70 Area 74 Delegate, Char V., as well as all the newly elected Area 74 Officers, Committee Chairs, and Committee Members. We thank you for being willing to serve Area 74 and look forward to the upcoming rotation of Area servants. I can feel the enthusiasm already of our newly elected Panel 70 Servants and believe we are going to be in good hands over this next rotation. Thank you to everyone in Area 74 who continues to follow our real purpose which is to fit ourselves to be of maximum service to God and the people about us. It takes all of us starting with the Homegroup, then to the Districts in Area 74, and down to our Area 74 Assembly to work together to continue to carry the message to the still suffering alcoholic.

Hoping to see you at the Area 74 Committee Meeting on Saturday, December 14, 2019, in Three Lakes, WI. During our upcoming Area Committee Meeting, each Committee Chair and Area Officer will have the opportunity to work with their incoming replacement to share experience on the position and pass on any materials. Wishing each of you a Happy Holiday Season and all the BEST in the New Year!!!

In Love & Service,
Sara Plansky-Pecor
Panel 68, Area 74 Delegate Northern Wisconsin/Upper Peninsula of Michigan
delegate@area74.org 715.938.7752

From the Area Chair

Greetings Area 74,

I hope this finds you all well and sober. This is my final article as your Area Chair/alt Delegate and I must admit to feeling relieved it is almost over. This position has challenged me more than any other and there were times in the last two years I felt like quitting. I need to thank all of you who befriended me over the last two years, without your support I may very well have acted on my feelings and that would have been a huge mistake. I also need to thank my Sponsor, without his constant guidance and calming influence I could have really gone off the rails. He has been vital in my continued efforts to grow in understanding and effectiveness in all areas of life. He has helped me to stay on track through several thorough and honest 10th steps and his sterling example of AA in action, so thank you so much Peter, I love you and feel so blessed to have you in my life. I would also like to say a special thanks to our current Delegate, Sara P., she has done such a fantastic job and her dedication and self-sacrifice have been a continuous inspiration to me, and I loved our phone conversations (venting sessions lol) over the last couple years, they really helped calm things down. Lastly, I would like to thank the members of my District for their constant support in all this, I am blessed to be a member of District 04, we are a District united in action to reach the still suffering alcoholic.

Like most things in life you can't see changes happening to you while they are happening, only after all things are said and done can you really see the forest through the trees. I am beginning to see the effects the last two years have had on me. Perhaps the most dramatic change has been to my over sensitivity and emotional reactions to people, places, and things. I have experienced a lessening of these things and I recover so much faster to negativity than I ever have. My patience, tolerance, and love towards all of you has grown a great degree over the last couple of years, and I don't go to my throne of contempt nearly as much as I used to. I think another layer of self-centeredness has been peeled away and I no longer feel the need to control and have a hand in everything.

My hope going forward is to continue to serve where I can and to stay involved. It was an agonizing decision over the last year to not stand for delegate this fall, and I will probably second guess that decision for some time to come, but in the end I still feel like it was the right call, I would not have been able to fulfill the duties and responsibilities of that most demanding position to the level our Area deserves. I hope if the need arises in the future that I will be in a better position and willing to take on that role. I planned on taking the next rotation off, but there was no one standing for Archives Chair this last Fall Assembly, and I am able to fulfill that role and am glad to stay in Area Service. In closing I just want to say Thanks again and look forward to continuing to serve alongside all my brothers and sisters of Alcoholics Anonymous.

God Bless,

Jeff D. alternate Delegate/Area Chair.

PLEASE SEND ITEMS, ARTICLES, DISTRICT NEWS, STANDING COMMITTEE ARTICLES, GROUP OPINIONS AND OTHER ITEMS FOR INCLUSION IN THE UPCOMING ISSUES OF YOUR AREA 74 NEWSLETTER

Send Area 74 Contributions To: Area 74 Treasury

P.O. BOX 1191 Appleton, WI 54912-1191

Very Important!! Please include group number, group name, and address of group location or point of contact

If there is only a group name and location, or contact address, please include this.

Thank You, Area 74 Treasurer treasurer@area74.org

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2020 Dates to Remember			
Area 74 –Upper Peninsula of Michigan and Northern Wisconsin			
12/14/19 Sat	Area 74 Area Committee*	Reiter Center 1858 S. Michigan St	Three Lakes, WI
3/7/2020 Sat	Delegate's Workshop	Reiter Center 1858 S. Michigan St	Three Lakes, WI
4/4/2020 Sat	Spring Assembly	Reiter Center 1858 S. Michigan St	Three Lakes, WI
4/19 - 4/25/2020	General Service Conference		Rye, NY
5/15 -17, 2020	Area 74 Spring Conference	AmericInn 3009 Lakeshore Dr	Ashland, WI
5/ 16 Sat	Area Assembly	AmericInn 3009 Lakeshore Dr	Ashland, WI
5/ 17 Sun	Area Committee Meeting	AmericInn 3009 Lakeshore Dr	Ashland, WI
7/2-5/2020	International Convention of AA	COBO Center (Downtown)	Detroit, MI
8/1/2020	Area Committee Meeting	Reiter Center 1858 S. Michigan St	Three Lakes, WI
9/11-9/13	Area 74 Fall Conference	Best Western Plus Eau Claire Conference Center	Eau Claire, WI
9/12/2020	Area Assembly	See Above	Eau Claire, WI
9/13/2020	Area Committee Meeting	See Above	Eau Claire, WI
10/24/2020	Area Assembly	Reiter Center 1858 S. Michigan St	Three Lakes, WI
12/12/2020	Area Committee Meeting	Reiter Center 1858 S. Michigan St	Three Lakes, WI

****NOTE FROM THE DELEGATE:** The servants of Area 74 are excited to provide the **dates for the Area 74 Service Structure**. We are lucky to live in an area that hosts many conferences, workshops and fellowship events. As your trusted servants, we sometimes miss the chance to participate in local events because they conflict with the service events you have entrusted us to conduct. We hope that, by providing the Area 74 service structure dates in early fall; they can be considered as you plan your service and fellowship events for the coming year. We look forward to seeing you.

NOTE FROM CO-EDITORS: We have combined the general events and the Area 74 Service Structure events into one calendar. **BOLD = AREA 74 events** UNBOLD = General AA events in our area

DISTRICT MEETING LIST DEC 2019

DISTRICT	DAY	DATE	TIME	LOCATION
1	Thursday	12th	6:30 PM	Central Office, 1720 Main St. #102 Green Bay, WI
2	Sunday	8th	2:00 PM	First United Methodist Church 325 E Franklin St Appleton, WI
3	Thursday	19th	5:30 PM	Alano Club 1210 E Grand Ave. Wisconsin Rapids, WI
4	Thursday	5th	7:00 PM	Peace Lutheran Church 293 S Main St. Amherst, WI
5	Weds	11th	6:45 PM	Menomonie Leisure Center, 1412 6th St E, Menominee, WI
6				NO INFORMATION AVAILABLE
7	Sunday	15th	4:00 PM	DCMs Home 812 S Vine Ave. Marshfield, WI
8	Tuesday	3rd	7:00 PM	Mount View Care Center, 2400 Marshall St., Wausau, WI
9	Sunday	1st	2:00 PM	Alano Club 2218 13th St Menominee, MI
10	Saturday	14th	9:00 AM	Reiter Center, Three Lakes, WI
11				NO INFORMATION AVAILABLE
12	Saturday	14th	12:30	Alano Club 10339 South Florida Avenue Hayward, WI
13	Monday	2nd	5:30 PM	Chequamegon Bay Serenity Club 310 Stuntz Ave., Ashland, WI
14	Sunday	8th	5:30 PM	Amery Legion Hall Memorial Dr Amery, WI
15				NO INFORMATION AVAILABLE
16	Saturday	22nd	11:00	United Lutheran Church, 304 Main St., L'Anse, MI.
17	Monday	30th	6:00 PM	105 W. Fleishiem Iron Mountain, MI
18	Saturday	7th	11:00	First United Methodist Church 111.E. Ridge St Marquette, MI
19				NO INFORMATION AVAILABLE
20	Saturday	28th	11:00	United Methodist Church 1212 Morrison St Germfask, MI
21	Sunday	1st	6:30 PM	Sacred Heart Church Rockland St Calumet, MI
22	Monday	2nd	6:00 PM	Hope Church 12th Ave & Michigan St, Sturgeon Bay, WI
23	Sunday	1st	6:30 PM	Lakeview United Methodist Church 23980 Co. Rd. "X", Hertel, WI
24				NO INFORMATION AVAILABLE

DISTRICT MEETING LIST JAN 2020

1	Thursday	9th	6:30 PM	Central Office, 1720 Main St. #102 Green Bay, WI
2	Sunday	5th	2:00 PM	Emmanuel United Church of Christ 1306 Michigan St Oshkosh,
3	Thursday	16th	5:30 PM	Alano Club 1210 E Grand Ave. Wisconsin Rapids, WI
4	Thursday	2nd	7:00 PM	Peace Lutheran Church 293 S Main St. Amherst, WI
5	Weds	8th	6:45 PM	Menomonie Leisure Center, 1412 6th St E, Menominee, WI
6				NO MEETING
7	Sunday	6th	5:00 PM	DCM 's Residence 812 S Vine Ave. Marshfield, WI
8	Tuesday		7:00 PM	Mount View Care Center, 2400 Marshall St., Wausau, WI
9	Sunday	5th	2:00 PM	Faith Presbyterian Church 806 Fritzie Avenue Crivitz, WI
10	Saturday	11th	9:00AM	First United Methodist Church 724 Arbutus St Rhinelander, WI
11				No information Available
12	Saturday	14th	12:30	Alano Club 10339 South Florida Avenue Hayward, WI
13	Monday	6th	5:00 PM	Chequamegon Bay Serenity Club, 310 Stuntz Ave., Ashland WI
14	Sunday	12th	5:30 PM	New Richmond Alano Club 1448 N 4th St New Richmond, WI
15				No information Available
16				NO MEETING
17	Monday	27th	6:00 PM	Alano Club 105 W Fleshiem St Iron Mountain, MI
18	Saturday	5th	11:00a	Party's Unlimited 106 N Main St Ishpeming, MI
19				No information Available
20				Check website at www.district20rea74aa.org
21	Thursday	3rd	6:30 PM	United Methodist Church 57235 Calumet Ave Calumet, MI
22	Monday	6th	6:00 PM	Hope Church 141 N 12th Ave & Michigan St, Sturgeon Bay, WI
23	Sunday	5th	6:30 PM	Lakeview United Methodist Church 23980 Co. Rd. "X", Hertel, WI
24	Weds		8:00 PM	Alano Club 411 E 2nd St S Ladysmith, WI

The 2020 International Convention of Alcoholics Anonymous

(https://www.aa.org/pages/en_US/international-convention-2020)



The 2020 International Convention of Alcoholics Anonymous will be held July 2–5, 2020 in Detroit, Michigan with the theme “Love and Tolerance is our Code.” A.A. members and guests from around the world will celebrate A.A.’s 85th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Ford Field Stadium. Other meetings, scheduled or informal, will take place throughout the weekend in the COBO Center in downtown Detroit.

We know many are excited about the International Convention and eager for detailed information. As the time gets closer, additional information about the Convention and Detroit, our host city, will be provided.

This website will be updated as more information becomes available. Also watch for articles in our quarterly news bulletin, Box 4-5-9, which is mailed to the general service representative of every group in the U.S. and Canada listed with G.S.O. and is also posted on the website. Registration forms will be mailed in August 2019 to all G.S.R.s, central offices, intergroups and international G.S.O.s. Online registration will be available September 9, 2019, on aa.org. Advanced registration for the convention between September 9, 2019 and April 14, 2020 will be \$115.00 (USD) per attendee. Registration after April 15, 2020 will be \$140.00 (USD) per attendee. For further information please see the Frequently Asked Questions (FAQs) on this same page.

We look forward to seeing you in Detroit!

AREA 74 NEWSLETTER SUBSCRIPTIONS

STAY CONNECTED TO AREA NEWS, INFORMATION, AND MORE!

ELECTRONIC SUBSCRIPTIONS: (NO COST)

Please send a request via email to with your contact information to area74newsletter@gmail.com
The Now & Then will be emailed to you monthly at no cost.

HARD COPY SUBSCRIPTIONS: (\$25.00 for 12 issues)

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Please mail a check made out to CASH and a completed enrollment form to the following address:

Now & Then
P.O. Box 192
Sturgeon Bay, WI 54235

Please Note: Every group and Area Committee Position within Area 74 receives the Now & Then via email at no cost. No need for GSRs to subscribe. IF a group has NO ability to receive a copy electronically, Area 74 will provide a hard copy subscription at no cost to the group.

Area 74 Area Committee Meeting Agenda

Saturday December 14, 2019

Reiter Center – Three Lakes, WI

10:00 AM – Housekeeping

Open Meeting

Approve minutes from September 22, 2019

Delegate's Report

DCM reports

12:00-ish – Lunch

Unfinished Business

Finance Committee – Discussion on Committee activity.

New Business

-Discuss GSR attendance at Area Assemblies and what the Area can do to help more GSR's to get to events (possibility of setting up a scholarship fund by the Area to help alleviate the financial burden was brought up at last assembly as one idea.)

-Set date for the Area to do an inventory of itself at either an Assembly or create a special Assembly for it.

-Begin a dialogue on what the Area can do to help our Districts better in hosting Conferences.

-One on One time for Incoming and Outgoing Officers and Chairs. DCM's meet informally to discuss their districts or whatever else that moves them.

Next Area Committee March 7, 2020, Three Lakes, WI

5:00 PM Close Meeting

AREA 74 Ad Hoc Committee

on

AREA 74 ASSEMBLY INVENTORY

Committee Members: Jeff D, Brent H, Barry M, Steve S, Marty L, Shannon R, Gerri Ann K

The Committee Recommends:

1. A facilitator would be needed from outside the Area. This facilitator would need to be reimbursed.
2. Have an area assembly inventory at an area assembly or a special assembly, date would be determined by the area committee.
3. During the months in between now and the Area Assembly or Special Assembly, the inventory questions below would be sent to all the DCM's, Alt. DCM's, GSR's, and Area Officers. Also post the inventory on the Area website and print in the Now and Then.

Inventory Questions-Still looking for more Feedback

The purpose of the Area 74 Inventory is to make changes to the Area Assembly. The changes will occur due to the results of the Inventory. Hopefully the result will be Area Motions to help resolve some of the issues found.

- 1) What can we do to make Area 74 more attractive to our groups, districts?
- 2) What can the Area do to help members of the Area Assembly be better prepared as we come to participate?
- 3) Do we effectively integrate new people into the Area Assembly?
- 4) How are the Steps, Traditions, and Concepts guiding our decisions and actions when we conduct business at assemblies?

“SPOTLIGHT ON DISTRICTS”

INTRODUCTION

Between the 2019 Spring and Fall Assemblies, an ad-hoc committee met several times via phone conference to brainstorm ideas about what could or should be included in the electronic version of the Now and Then. Of the many ideas suggested, one stood out as a fun and interesting way to educate our readers about Area 74. We came up with a loose format (the following questionnaire) and coined it “Spotlight on Districts.”

We’d like to include this as a regular feature of the Now and Then beginning with the January 2020 issue. Use the questionnaire to get ideas flowing, but don’t feel like you must answer all the questions. If there’s anything that strikes you as important about your district that is not in the questionnaire, feel free to write about it.

You can write an article, or just provide answers to the questions and the Now and Then editors will shape it into an article. We’ll start with Districts 01 and 02 and continue in numerical order. DCMs, feel free to delegate this task to someone in your district who takes a particular interest in the history and happenings of AA on your turf.

We hope this feature will be a welcome inclusion to the Now and Then.

Spotlight on Districts Questionnaire

The intention of this questionnaire is to have the DCM for your district, the Alternate, or district contact fill it out so it can be published in the Now and Then as an article. Each month 2 districts will be highlighted in the Now and Then for Area 74. As our trusted servants, our Now and Then editors have editing authorization and will use that as needed.

These questions are suggested to get your thoughts flowing. You don’t have to answer every single one. The Now and Then Co-editors greatly appreciate you taking the time to submit an article about your district.

1. What geographical area does your district serve? Include counties, cities, tribal lands, and/or any significant landmarks.
2. How many meetings and/or active groups does your district have?
3. How many meeting locations does your district utilize?
4. Is there something unique about your district that makes it stand out?
5. How far does your DCM travel for service meetings?
6. What else does your district do to help the still suffering alcoholic? (jail meetings, intergroups, special service sessions, etc.)
7. Is there any history that you would like to share? (example: date of your oldest meeting, did someone in your district attend a meeting with Bill or Bob?)
8. When was your district founded?
9. Any recent or upcoming events?
10. Any unusual or significant bit of trivia or something special you do at GSR meetings?

These are suggestions only. A district may choose to answer all, some, or none of the questions., and may choose to submit a completely different article or document.

FINAL CPC REPORT (2018-2019)

OCTOBER 26TH 2019

First of all, I would like to thank Area 74 for the opportunity to be of service these past two years. It has been a blessing and a joy. I have met many great people and made many great connections. I will continue to follow up and work with these connections.

I thought I would just update what I have done over the past two years since I am not only accountable to the still suffering alcoholic but also to this body.

- In year one I spent a week in Menomonie, WI. at the annual National Rural Institute on Alcohol and Drug Abuse training. We had a booth in the presenter area. GSO did not register us for year two.
- In both years set up a booth at Schoolcraft Memorial Hospital annual health fair weekend. I was between the Sault tribe of Chippewa Indians and the hospital booths so had some great networking.
- Year two—CPC workshop in Munising, MI.
- Year two I gave a PowerPoint presentation at Helen Joy Newberry Hospital in Newberry, MI. This was to the Eastern U.P. Mental Health Alliance. This included
 - CEO of Schoolcraft Memorial Hospital
 - CEO of Upper Peninsula Health Plan, an insurance plan.
 - Hope Network that provides recovery services to businesses.
 - Hospital representatives.
- Year one I gave a presentation to the Ministerial Association of Manistique.
- In both years gave presentations to the following. In all cases handed out meeting lists, pamphlets and, in some cases, books.
 - Schoolcraft Memorial Hospital Community Outreach program.
 - Great Lakes Recovery Centers in several cities.
 - Sault Tribe of Chippewa Indians in Manistique,
 - Manistique Drug Court system.
- I have received 10 or so phone calls from various people I have met asking if they could have an alcoholic call me, or could I pick someone up. Got a call to drive someone to rehab.
- Made up 50 packets of information to hand out. Packets included meeting lists, pamphlets, newsletters, business cards, etc.
- Working on a meeting with the local District Court judge and prosecutor. That will happen by the end of the year.
- Blanketed the town with business cards and meeting lists, jails, motels, doctors' offices and any bulletin boards I could find.
- Information sharing session, provide some direction to the local CPC committee in Hancock, MI. Furnished pamphlets to CPC Hancock, MI
- Sent out a pile of CPC workbooks to Iron Mountain, MI. per their request.
- Phone calls and emails from the Area members on how or should we do this or that.
- Served on the Now and Then electronic conversion committee and the Ad-Hoc committee on facilitation of assemblies.

Dean C. Area 74 CPC Chair.

2020 A VISION FOR YOU

AREA 74 2020 SPRING CONFERENCE

May 15-17, 2020

AmericInn, 3009 Lake Shore Dr. Ashland Wi

Phone: 715.682.9950

Rooms are \$115 plus tax, per night, double occupancy.

(hotel reservation deadline for price guarantee is April 15, 2020)

Friday Evening: AA Speaker-Panel 70 Delegate

Saturday: Area Assembly, topic panels, Al-Anon & AA speakers

Sunday Morning: Area Assembly & AA speakers

The Area 74 Alcoholics Anonymous Conference will include speakers and panels, Area 74 Assembly and Area 74 Committee meetings, a dinner banquet, DJ and dancing, ice cream social and alkathon.

AREA 74 2020 Spring Conference REGISTRATION FORM

Name _____ Registration Only _____ \$20 _____

Name on Badge _____ Add Banquet \$25 _____

Address _____ Total Enclosed _____

City _____ State _____ Zip _____

Phone _____ Email _____

_____ Contact me about service opportunities Special accommodations _____

For more information contact Marty L. (715)363-2418. Make checks payable to Area 74 Conference 2020, P.O. Box 996, Ashland, WI 54806

**SAVE THE
DATE**



**AREA 74
FALL CONFERENCE**

HOSTED BY DISTRICT 5

SEPTEMBER 11-13, 2020

BEST WESTERN PLUS

EAU CLAIRE, WISCONSIN

Speakers, panels, banquet!!

HOW TO PRINT AND DISSEMINATE ISSUES OF THE NOW & THEN

We have heard much positive feedback about the electronic version of the Area 74 newsletter. The most frequent problem many groups are relaying to us is it takes too much paper/ink to print off copies of the monthly issues. We have been instructing members through direct correspondence on what to do and thought it might be beneficial to include methods to get the newsletter, or portions of it, to other members of the group(s).

Some suggestions:

1. Have individuals send an email to area74newsletter@gmail.com and they can be added to the distribution list for free and receive their own copy.
2. Distribute to other home group or AA members via email by forwarding the original email to them.
3. Update the Group Information (new GSR or Contact) with the Area 74 Registrar by submitting a Group Change Form and getting the group info updated. If your updated info includes an email address, your group will receive an electronic version automatically. If no email is submitted, the Registrar will provide information on how to proceed.
4. Print off the whole electronic version in Black & White to save cost
5. Print off the portions of the newsletter the group would like to have in hard copy. Almost every printer has the option to print off only certain pages of a document.

Ex. The Group decides to only print information directly attributed to the communication between the Group and the Area Committee, and to print copies of Area 74 Conference fliers.

Instructions: a. Select 'Print'

b. Under PAGES

Click on 'From' Add page to start Ex. 1

Click on 'To' Add page to end Ex. 9

OR if not consecutive pages

c. Under PAGE RANGE

Enter page numbers or page ranges separated by commas (e.g. 1-3,6,8,10-12,17,18) thus eliminating unwanted pages.

6. Use the Enrollment Form and pay the \$25 subscription fee to receive an abridged version.

We hope sharing these options helps in distributing the Now & Then, your written communication vehicle between the Area Committee and your group and individual members of Area 74 .

HELP MAKE THIS YOUR AREA 74 NEWSLETTER

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DISTRICT NEWS, STANDING
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